



Personal Injury Claim Checklist

Being involved in an accident can be overwhelming, but taking the right steps can protect your rights and strengthen your claim. Use this checklist to ensure you gather all necessary information and take the proper legal actions after an injury.

Immediate Actions After an Injury

- ☐ Seek medical attention and follow all doctor recommendations
- ☐ Report the accident to law enforcement or property owner (if applicable)
- ☐ Take photos or videos of the accident scene, injuries, and any property damage
- ☐ Collect witness contact information (names, phone numbers, and statements)
- ☐ Note the date, time, and location of the accident

Gather Important Documents

- ☐ Obtain a copy of the police report (if available)
- ☐ Keep medical records and bills related to your injury
- ☐ Save all insurance correspondence and claim numbers
- ☐ Document lost wages and how the injury has affected your ability to work
- ☐ Keep a personal injury journal detailing your pain, recovery, and daily limitations

